







Tele ICU Now and the Future

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Disclosures

Funding – Current and Past

Research support from Deltex, LIDCO, Fresenius & B Braun, Merck for RCTS in colorectal & liver surgery within ERAS protocols

Loan equipment from LIDCO, Deltex, Niccomo, Cheetah, APC cardiovascular

Advisory Board: Edwards Lifesciences, Baxter, Merck, Deltex, Trevena, Phillips

RfPB Grant NIHR UK (TERSC Study)

Positions Held – Present and Past

ERAS Society Executive Committee & ERAS Guidelines Committee

President ERAS USA

Chair ERAS Society Education Committee

UK National Clinical Advisor for Enhanced Recovery

UK National Lead in ERAS for Upper GI Surgery

UK Resuscitation Council ALS & ILS Editorial Board

European Resuscitation Council ALS & ILS Editorial Board

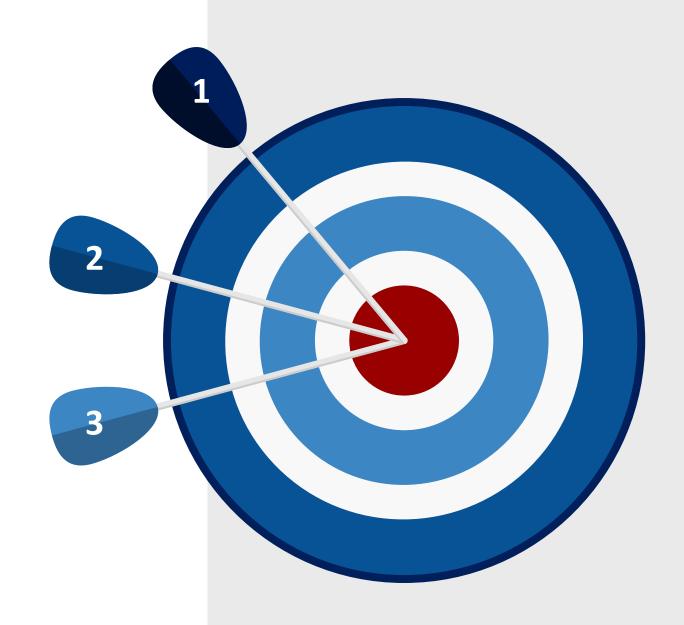
WHO Lifebox Committee

Learning Objectives

Describe where we are with TeleICU and its functionality

2 Summarize how a tele-ICU platform creates high reliability (and hence safety) across a health system

Discuss the Future application of TeleICU to optimize care for all patients across a Health System



Penn Medicine FY22 Facts & Figures





Type: Academic | Location: Philadelphia, PA (Greater Philadelphia Region)

6 HOSPITALS 3,600 LICENSED BEDS 6,243 PHYSICIANS

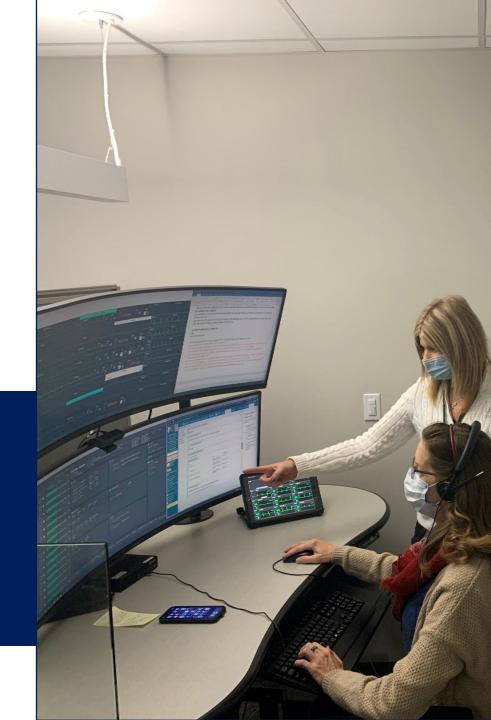
6,991,218 OUTPATIENT VISITS 413,721 ED VISITS 135,122 ADULT ADMISSIONS

11.1 Billion Annual Operating Revenue

What is PENN E-LERT®?

- PENN E-LERT is Penn Medicine's Virtual Remote
 Monitoring Tele-ICU Program that helps support
 bedside providers and aims to improve quality and
 consistency of critical care delivery.
- We are able to effectively monitor patients remotely,
 24/7, 365 days a year, via a state-of-the-art audio/video platform and an EPIC Integrated alert monitoring system.





PENN E-LERT STAFFING

One (1) eMD:
Overnight [1/300]

One (1) eAPP: 24/7 [1/300]

Four (4) eRNs: 24/7 [1/70]

One (1) eRT: 24/7 [1/300]

One (1) Telehealth
Coordinator:
24/7 [1/300]

PENN E-LERT LOCATIONS









HUP

LGH

PAH



PPMC



PRINCETON



RITTENHOUSE

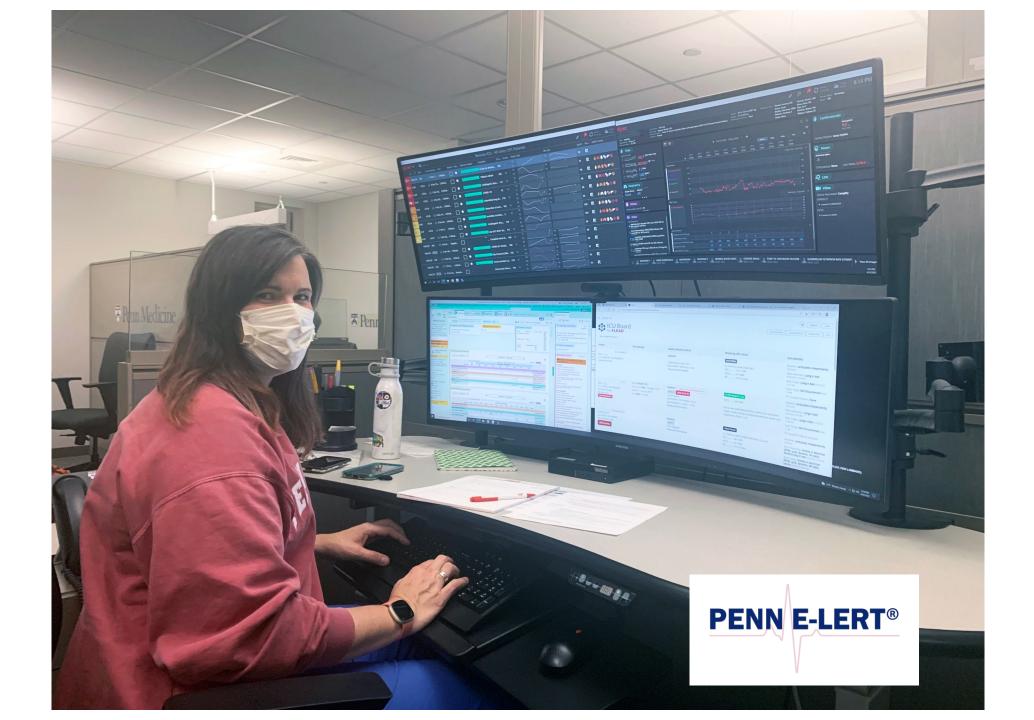
PENN E-LERT is one of the <u>largest telemedicine ICU programs in the nation</u> with more than <u>450</u> connected cameras as fixed & mobile devices across the enterprise.



Opportunity During COVID-19

In 2020 Penn Medicine's Center for Connected Care Department partnered with EPIC to create a customized, first-in-class, EPIC integrated, alert monitoring system for its TeleICU program, PENN E-LERT[®].







Fixed Cameras Allow Situational Awareness

- High Resolution
- High Power Zoom
- 2 way vision providers can see each other
- 2 way audio
- Ability to call other providers or participants in on their mobile devise for consults
- All on the call have visual and audio situational awareness

Penn LiveLink enables multiple Penn clinicians to access a secure audio-video clinical platform via your smart device. LiveLink uses WebRTC technology and opens in your smart device's web browser, meaning you not need to download an application to utilize the service. Here's how it works:



01 Initiating LiveLink:

- Requesting clinician presses PENN
 E-LERT® button, located at the
 footwall of the patient's room or
 on a mobile cart in patient's room.
- Alternatively, requesting clinician can call PENN E-LERT at (215) 893-7310 and provide the patient level details.
- Requesting clinician provides
 PENN E-LERT their phone number or email address to receive link.

02 Receiving LiveLink:

- Requesting clinician receives text message or email that includes:
 - Hospital
 - ^o Unit
 - O Room Endpoint
 - Penn E-LERT Clinican Name
 - ^o Link

03 Opening LiveLink:

- Requesting clinician clicks on link to join the patient room virtually.
- When prompted, requesting clinician must allow access to use their device's microphone and camera.
- Requesting clinician is now in the patient room virtually.
- PENN E-LERT clinician must remain in the patient room virtually, however can minimize themselves if clinically appropriate.

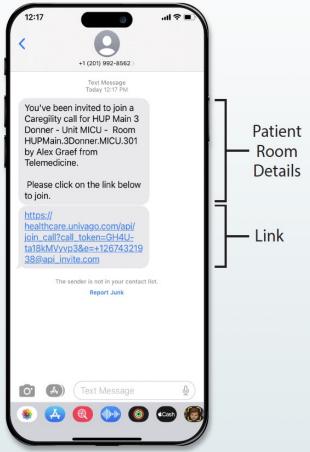


Figure 1. Initial text with room details and link to virtual patient room

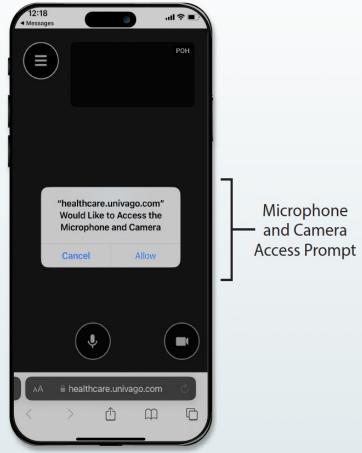
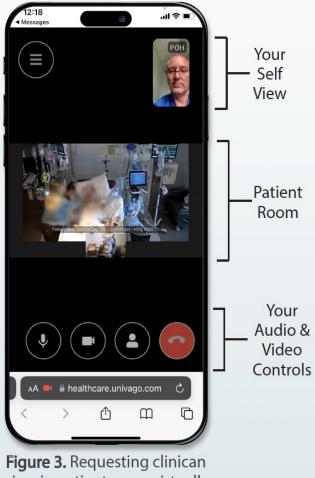


Figure 2. Prompt for microphone and camera access; Select "Allow"



view in patient room virtually

Disclaimers:

- LiveLink is only available on units with PENN E-LERT service.
- LiveLink invitation expires 30 minutes after the link is sent to a mobile device.
- PENN E-LERT controls the camera's pan, tilt and zoom features.

PENN E-LERT As A Reactive Service

TELEMEDICINE ICU – IMPROVING QUALITY & OUTCOMES



80% of Opportunity
Evenings, Nights, Weekends
Lower Bedside Staffing Ratios

Immediate Threat to Life

- Cardiac Dysrhythmia
- Hemodynamic Changes
- Respiratory Issues
- Ventilator Issues
- Neurological Deterioration

Trending Threat to Life

- Hemodynamic Changes
- Respiratory Issues
- Ventilator Issues
- Sepsis Alerts
- Electrolyte Disturbance
- ARDS Alerts

e-Consult Connectivity
Procedure Support
Documentation Support

Immediate Bedside Support – Video & Voice
Clinical Decision Support
Resource Activation and Escalation

Post Event - Ongoing Monitoring & Support Freeing up Bedside Providers

Video Review for Downstream
QI & Education (select units)

PENN E-LERT As A Proactive Service

TELEMEDICINE ICU – IMPROVING QUALITY & OUTCOMES



Continuous Opportunity
Reducing Mortality
Reducing Secondary Complications

Respiratory Bundles

- Spontaneous Breathing trials
- Sedation Holds Awakening trials
- Hyperoxia Nudges
- Vent Orders Matching Actual Vent Setting
- Extubation Check List
- Less Time on Ventilator
- Reduced Reintubations
- Best Practice Compliance

Proactive Patient Rounding

- Active Rounding
- Improved Vigilance
- Efficient Use of Bedside Providers
- Improved Patient Care

System Wide Quality Improvement

- Improved Quality & Clinical Outcomes
- Reduced Variability in Care High Reliability
- Higher Health System Value

Sepsis Detection & Compliance

- Earlier Detection 24/7
- Best Practice Compliance
- Reduced Mortality
- Reduced Organ Dysfunction

ICU Bundle Compliance

- GI Prophylaxis
- VTE Prophylaxis
- Best Practice Compliance
- Reduced Complications

Post Cardiac Arrest Targeted Temperature Management

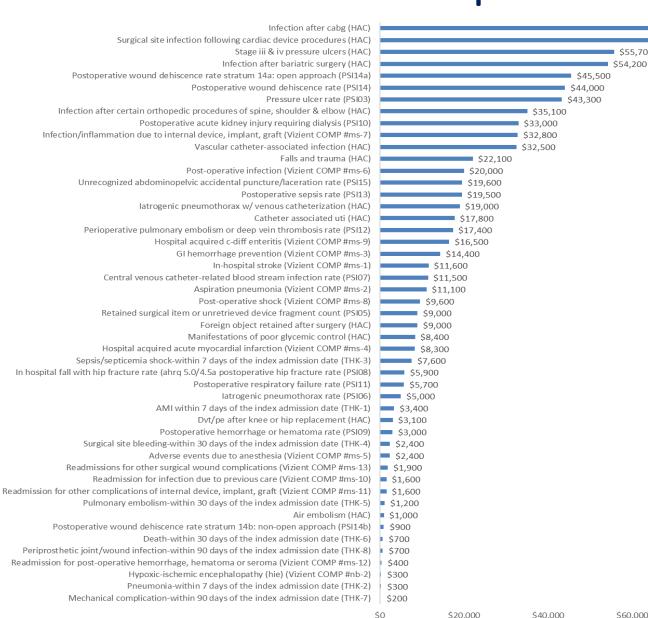
- TTM Algorithm Compliance
- Improved Neurological Outcomes

Main Causes of Serious Untoward Events in Health Care

- Failure to follow procedure or best practice
- O2 Failure to recognize a problem
- **O3** Failure to escalate appropriately
- 04 Lack of governance in all of the above
- Lack of 'SAFE' environment where providers feel empowered to reach out for support



Additional direct cost per complication



Average Cost of Complication = \$17,000

\$40,000 \$60,000 \$80,000 \$100,000 \$120,000

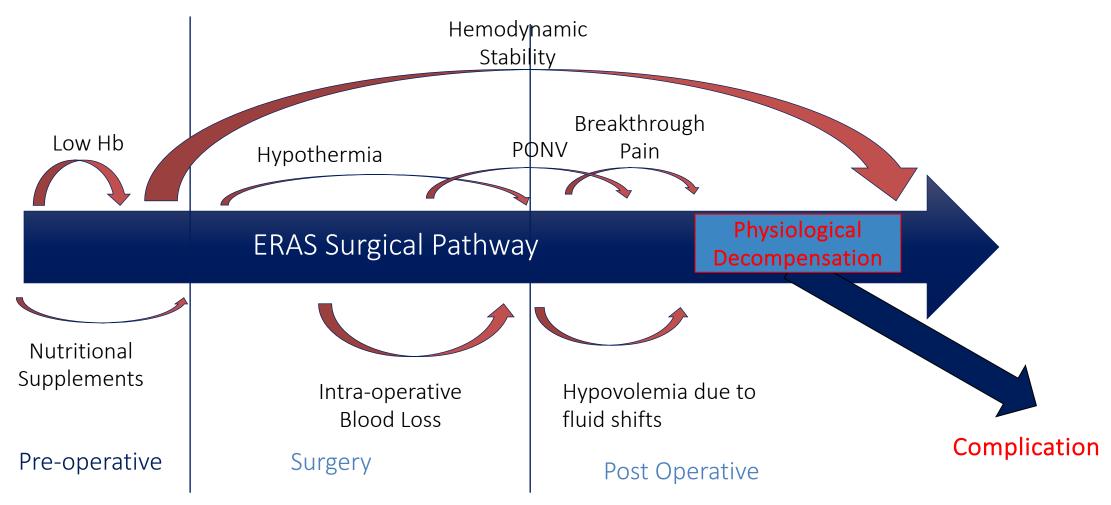
\$68,000

High Reliability in Healthcare – a long way left to go.....





Early Detection of Derangement of Physiological and Laboratory Values Enables earlier intervention



Clinical Deterioration Index / SOFA Score Delta

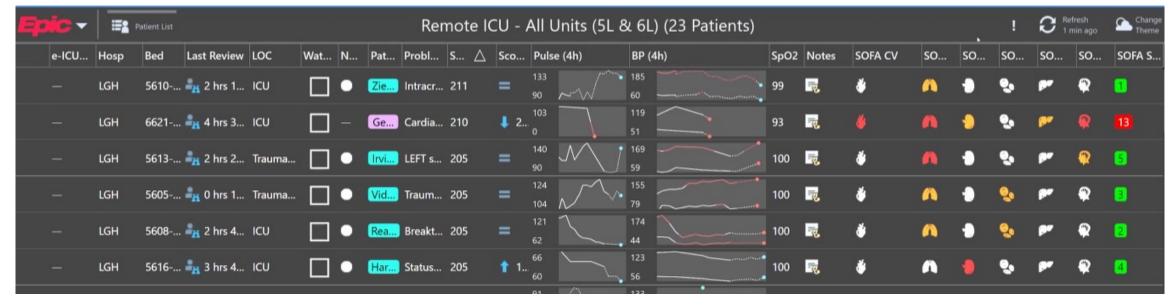
Robust Remote Clinical Surveillance

PennChart – validated and unvalidated data fields – query every two minutes

80+ clinical variables = weighted deterioration index score

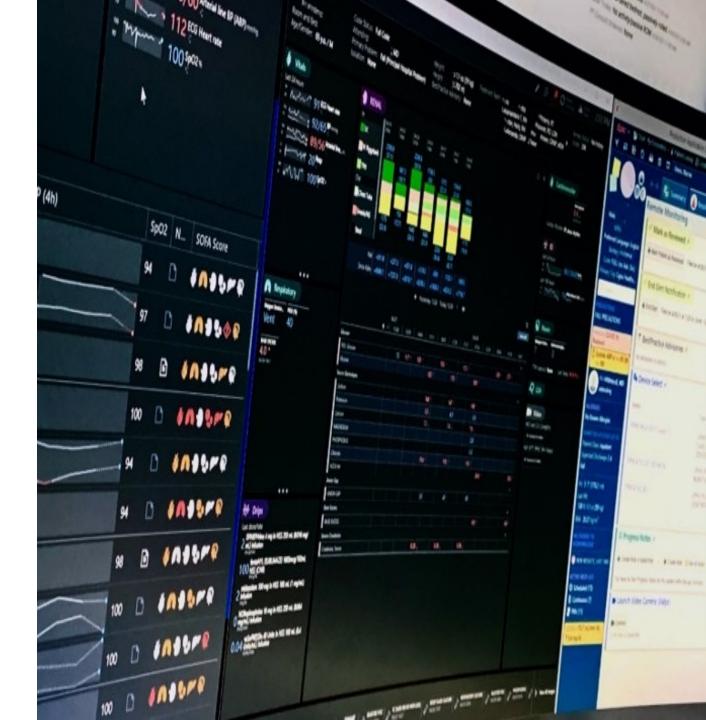
- Tier 1 Clinical Deterioration
- Tier 2 Scheduled Review
- ▶ Tier 3 Missing Measures
- ► Tier 4 Physiological Indicators

- Visual Alerts
- ▶ 07:00 SOFA Calculation
- ▶ 18:00 SOFA Calculation



What is a BPA Alert?

- BPA stands for Best Practice Advisory.
- Best Practice Advisory (BPA) alerts are electronic pop-up alerts that are received by our E-LERT clinicians [based on information in a patient's Electronic Medical Record (EMR)] that influence clinical actions and guide clinical processes.



Custom BPAs to Reduce Unnecessary Variation in Real Time

ALERT NAME
ABP MAP <= 50 ALERT
AKI ALERT
ASYSTOLE ALERT
ELEVATED HR ALERT
EXTUBATION ORDER ALERT
HEMOGLOBIN ALERT - <= 6
HEMOGLOBIN ALERT - DROP BY 3
HIGH PEEP ALERT
HIGH RISK EXTUBATION SCREEN
ALERT
HIGH SYSTOLIC ABP ALERT
HIGH SYSTOLIC NIBP ALERT
INCREASED FIO2 ALERT
INCREASED PEAK PRESSURE ALERT
LACTATE ALERT
LOW HR ALERT
LOW SYSTOLIC ABP ALERT
LOW SYSTOLIC NIBP ALERT
LOW TIDAL VOLUME ALERT
LOW UNSTABLE HR ALERT
MISSING VENTILATOR ORDER
ALERT
NIBP MAP ALERT
NON-VENT HIGH FIO2 ALERT
PCO2 ALERT
PH (ABG) ALERT
POTASSIUM ALERT
SODIUM ALERT
SPO2 ALERT
TTM - TARGET TEMP ALERT

- ▶ PennChart Tele-ICU module
- Best in class EPIC technology presented, published, now widely preferred
- Twenty-eight (28) BPA alerts
- ▶ Millions of calculations per day of which an estimated 800 BPAs managed per day one every 6 minutes
- Adjustable parameters at the patient level
- ▶ Two step clinical validation process artifact, actionable, non-actionable
- Our PI enhancements are ongoing

Alert Validation

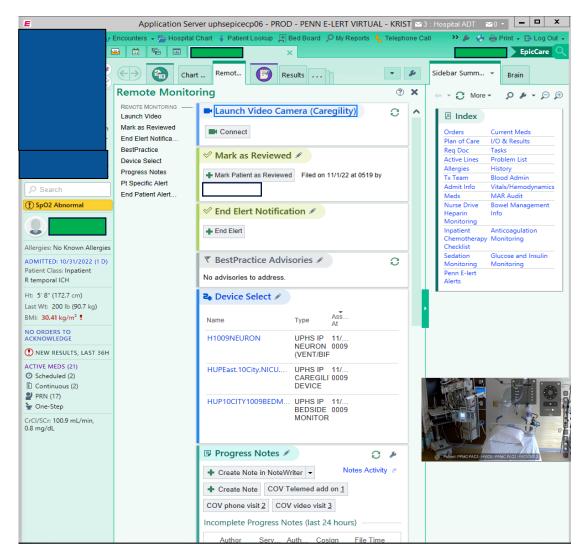
- We incorporated Alert Validation within EPIC to better tailor our alerts to our patient population and reduce alarm fatigue.
- Alerts were evaluated every 2 weeks based on volume and user satisfaction. Adjustments were
 made and some alerts were suppressed that did not drive clinical outcomes for the patients.
- After the 1st set of iterations, there was about a 39% decrease in the volume of alerts.

		5/18/21 to 6/01/21		6/15/21 to 6/29/21
	Alert Name:	# Times Alert Fired:	Logic Behind Alert (RED Text Indicates Changed Logic):	# Times Alert Fired:
	SPO2 ALERT	4417	SpO2 < 88 % for last 5 minutes (mean)	3428
	HIGH SYSTOLIC ABP ALERT	3105	ABP Systolic > 180 for last 10 minutes	1573
	ABP MAP <=50 ALERT	2149	ABP MAP <= 50 (mean) for last 5 minutes	843
	SYSTOLIC ABP ALERT	2084	ABP Systolic < 85 AND MAP < 60 for last 5 minutes (mean)	1317
	PCO2 ALERT	1131	PCO2 is <=25 or >= 55	631
	SYSTOLIC NIBP ALERT	878	NIBP Systolic < 85 AND MAP < 60	707
	GLUCOSE ALERT	640	Glucose is <=45 or >=400 (suppress)	N/A
	NIBP MAP ALERT	533	NIBP MAP <= 50 in the last 1 minute	446
	ELEVATED HR ALERT	415	HR >= 150 for last 5 minutes (mean)	336
	AKI ALERT	352	rise in 0.3 or doubling of creat and Urine < 100mls/4 hours average (Suppress for patients on dialysis or CCRT)	279
2	Totals:	15704	N/A	9560

Alert Volume Reduction 39%

Top 10 Alerts Firing By Volume

Seamless Integration of Video and Live Waveforms into EMR

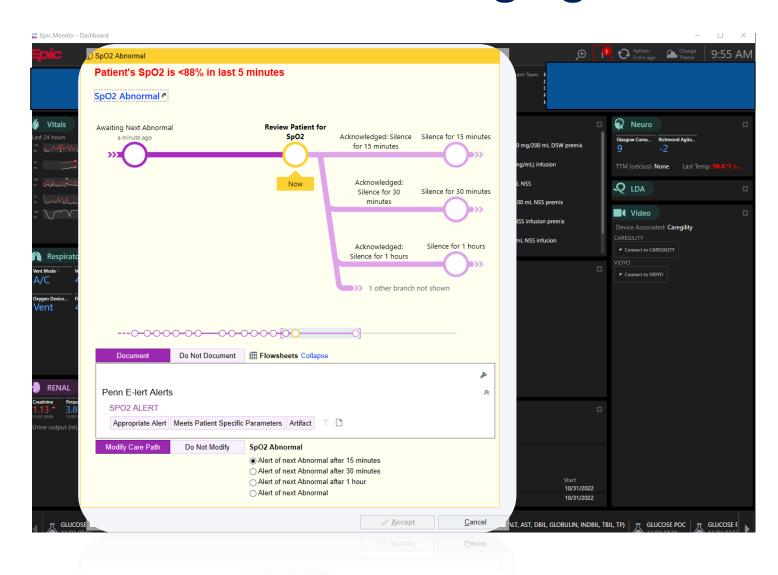


Camera platform launched within EMR

Live Waveforms launched from within EMR



Governance in Managing Alarms and Escalation



Health System needs Governance to address deterioration / abnormal values

Logic to:
Acknowledge
Delay / park
Action
Appropriate action
Escalation

The EMR is ideal for this and records who is actioning and what is being actioned

Governance in Alert Validation Process

BPA ALERT FIRES FROM PATIENT ASSIGNMENT LIST

Team Member clicks on alert to open patient in PennChart (EPIC). Alert is noted on patient's storyboard.

1. HUP H1008 H 1 hrs 27... Critical...

TEAM MEMBER CLICKS ON ALERT FROM STORYBOARD

Decision tree is brought up to validate alert and Team Member selects one of the following validations: Appropriate, Meets Patient Specific Parameters or Artifact.

BestPractice Advisory - Cloud, Vanessa Low Systolic ABP Patient's Systolic ABP <= 85, MAP < 60 Low Systolic ABP Alert ₹ Awaiting next abnormal Systolic ABP Acknowledged: Silence Low Systolic ABP for 10 minutes Acknowledged Alert of next Silence Alert Abnormal Silence for 30 minutes Silence for 30 1 other branch not shown Do Not Document Flowsheets Collapse Penn E-lert Alerts LOW ABP SYSTOLIC ALERT Appropriate Alert Meets Patient Specific Parameters Artifact Alert of next Abnormal after 10 minutes Alert of next Abnormal after 30 minutes Alert of next Abnormal after 1 hours Alert of next Abnormal

TEAM MEMBER SELECTS
VALIDATION, A TIME INTERVAL AND
HITS "ACCEPT" TO CLEAR ALERT

3.

Primary Cvg: Blue Cross/Blue.

(SpO2 Abnormal

Attending

Active Treatment Plans

ADMITTED: 5/6/2023 (2 D)

Patient Class: Inpatient

Ht: 5' 10" (177.8 cm) Last Wt: 189 lb (85.7 kg)

BMI: 27.12 kg/m2 !

NO ORDERS TO

ACKNOWLEDGE

NEW RESULTS, LAST 36H

ACTIVE MEDS (16)

Scheduled (11)
 PRN (5)

! 1.4 mg/dL

CrCl/SCr: 58.2 mL/min (A).

Acute on chronic respiratory failure with hypoxia (CMS-

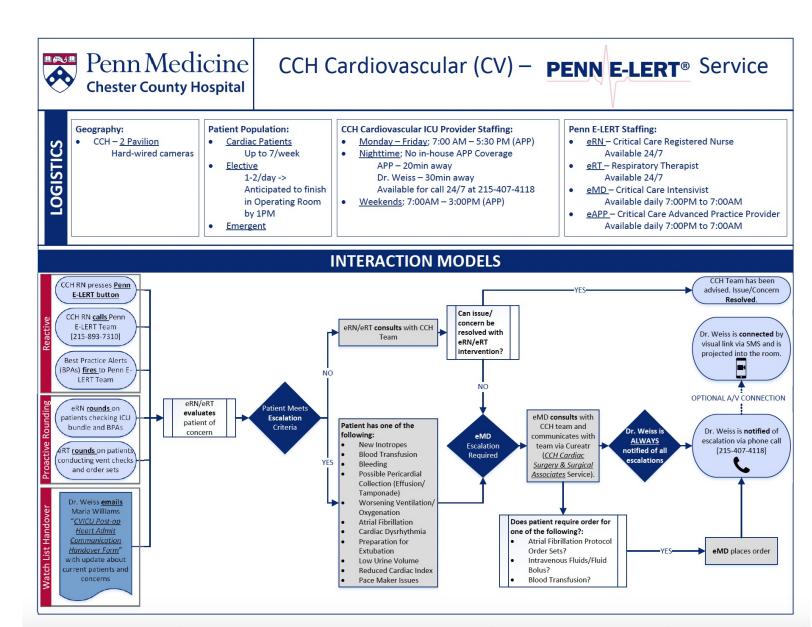
Governance in Escalation to Providers

Logistics

Proactive

Reactive

Watch List







EPIC Integrated Tele-ICU Platform

Illustration of Functionality using our eRT Service

Creation of an eRT (eRespiratory Therapy) Service



IN DEPT

eRT data collection period

Deployment of Tele-ICU Respiratory Therapy and the Creation of an eRT Service Line



Krzysztof Laudanski, MD, PhD, MA, FCCM, MHC, Michael Scott, MBChB, FRCP, FRCA, FFICM, Ann Marie Huffenberger, DBA, RN, NEA-BC, Justin Wain, C. William Hanson III, MD Vol. 3 No. 6 | June 2022

DOI: 10.1056/CAT.21.0239

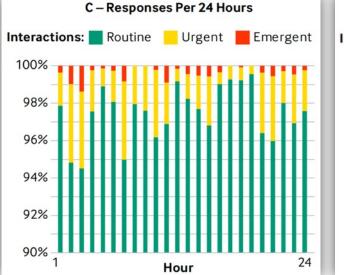
"The eRT Service detected unfavorable practice patterns in ARDS treatment and intervened before the ARDS algorithmic trigger was activated; this demonstrates that proactive chart review focused on targeted, high-value intervention can result in improved outcomes over a solution using algorithms and system design to respond to it."

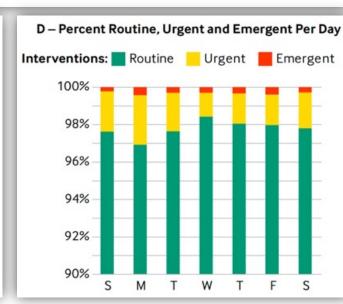
Table 1	Facilities	Covered	by the	△RT	Service	l ine

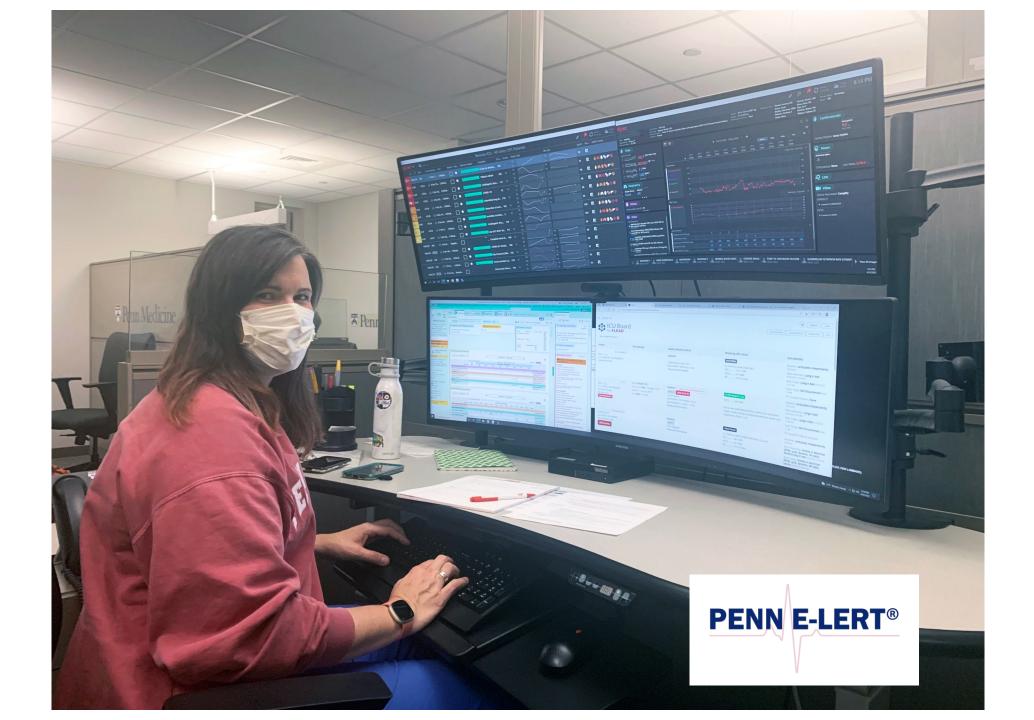
Hospital	Number of Beds	Number of eRT Interventions	ICU Description
Hospital 1	24	159	Medical ICU
Hospital 2	14	35	General ICU
Hospital 3	6	28	Long-term acute care
Hospital 4	22	2,889	Neuro ICU
	16	4,368	Surgical ICU
	36	5,586	Heart and vascular ICU
	12	1,578	Cardiac ICU
	24	5,574	Medical ICU
Hospital 5	24	214	General ICU
Hospital 6	16	269	Surgical and cardiac and neuro ICU
	13	581	Medical ICU
Hospital 7	16	1,773	Medical ICU
	24	2,013	Heart and vascular and cardiac ICU
	24	1,649	Trauma and surgical ICU
	24	1,548	Neuro ICU

^{*}Significant diversity in ICU profile and size is seen across hospitals, underscoring the ability of the telemedicine respiratory therapist (eRT) service in the datapit to various settings and to take into account the needs and culture of the particular unit. We found that over time, ICU diversity was reflected in the mix of services provided. Source: The authors









Best Practice

PROACTIVE

Compliance With Best Practice

- ICU Bundle
- Sepsis Bundle
- Low Volume Protective Lung Ventilation
- Trending abnormal physiological values

REACTIVE

Immediate Detection of Physiological Changes

- Bedside support for nurse and provider
- 2 Way Audio/Visual
- Advice and Intervention
- Activation of Teams and Protocols

PREDICTIVE

The Future

• Predictive physiological deterioration interventions before harm occurs.

PENN E-LERT Workstation Screens

• PENN E-LERT's workstation monitoring pages consist of three (3) main EPIC screens:

UNIT LEVEL DATA

LIVE PATIENT LEVEL DATA

PATIENT LEVEL INTERACTION

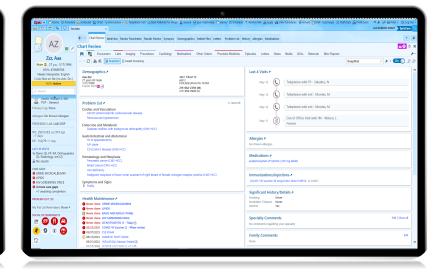
BPA Alert Screen/Patient Assignment List Screen

Widget/Dashboard Screen

PennChart/Patient's Chart in EPIC Screen







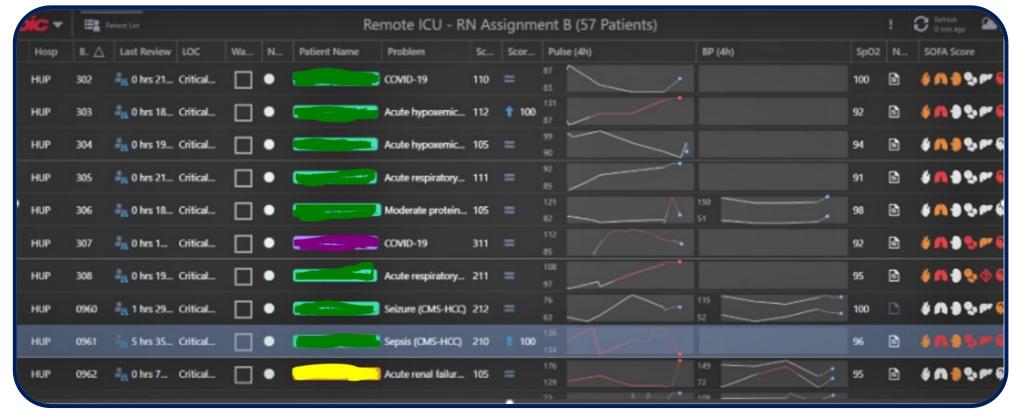
BPA Alert Screen/Patient Assignment List Screen

Some of the information found on the Best Practice Advisory (BPA) Alert Screen/Patient Assignment List include:

- Patient Name
- Patient Location
- Patient Problem(s)
- Patient Acuity Score

- Date/Time of Last RN Review
- Pulse Trends
- Blood Pressure Trends
- SPO2 Value

- Notes
- SOFA Pictures of Affected Systems



BPA Alert Screen/ Assignment List Screen

With Alerts

Best Practice Advisory (BPA) Alerts:

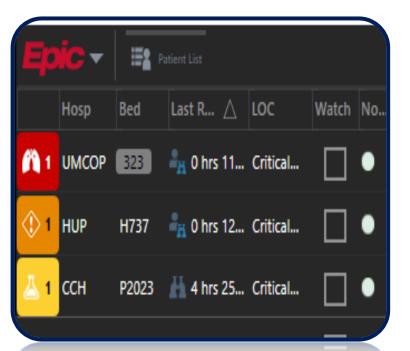
- Alerts are color coded based on severity: Red, Orange, Yellow.
- The most recent or severe alert will appear at top of screen.
- The icon in the alert designates what system is affected or the type of alert.

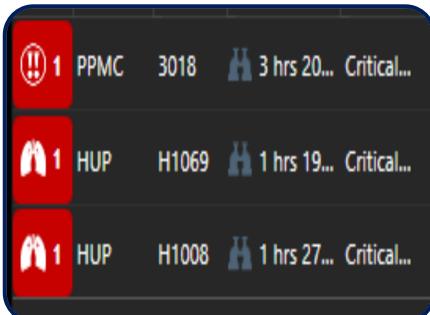


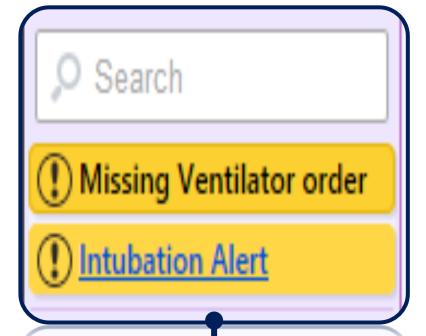
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Best Practice Advisory (BPA) Alert Screen

With Quality Improvement and Safety Alerts







Additional eRT Quality Improvement and Safety Alerts Not Shown in Screenshot:

- Extubation Alert
- High FIO2
- PEEP>12
- High Pressure
- Low Tidal Volume
- Missing Risk Screen/Plan
- PH/Co2

Widget/Dashboard Screen

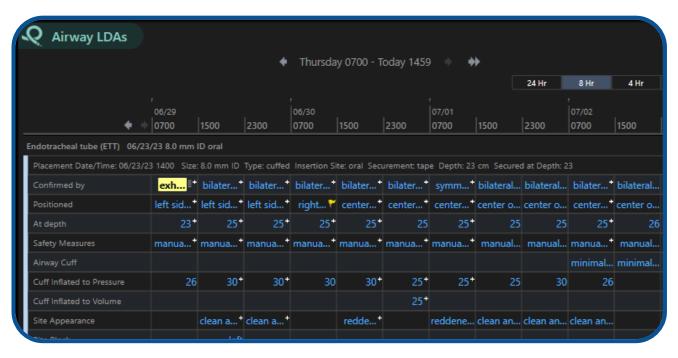
- Some items that can be found on the Widget/Dashboard Screen include:
 - Information at a single glance for each system.
 - Live Waveforms.
 - Live Camera Feed.
- Displayed widgets are customizable within EPIC Monitor at the user level.
- If you click on one of the widget boxes, the view will expand with additional details on that specific system.

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Widget/Dashboard Screen

With Expanded Views of Airway LDAs, Drips and Vent Settings Widgets







Additional EPIC Integrated Applications

• In addition to the three (3) main EPIC screens, the PENN E-LERT team also utilizes the internal Agent ICU Board and Sickbay Monitor applications. These applications communicate with EPIC and provide the PENN E-LERT team with valuable information to improve patient quality and safety.

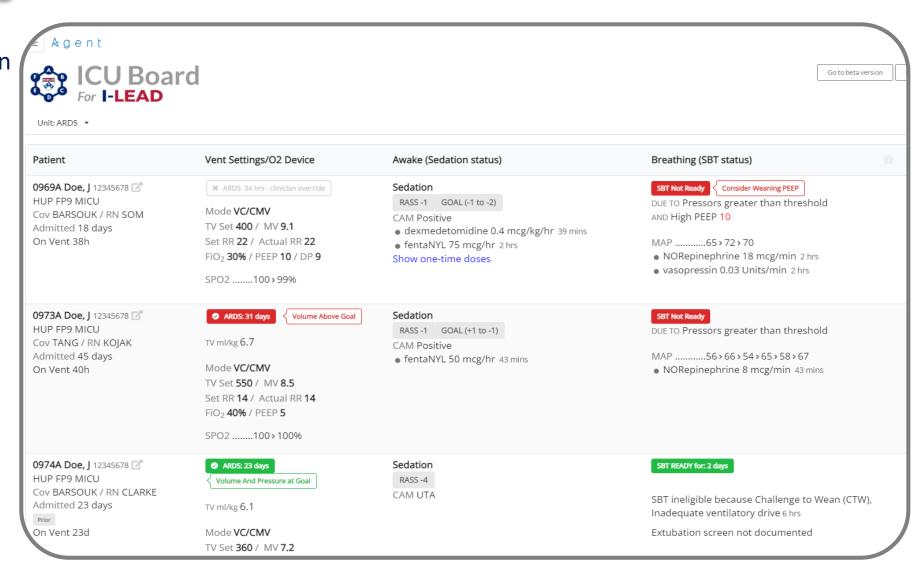




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ICU Board

- The ICU Board application pulls pertinent information from EPIC to alert the eRT of the following quality and safety improvement opportunities:
 - ARDS/LPV Intervention
 - SBT

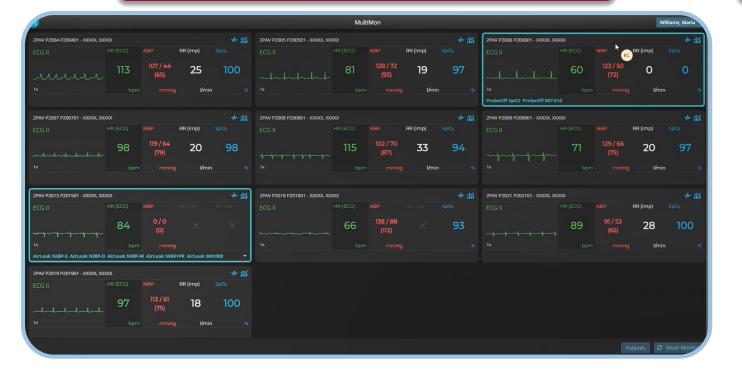


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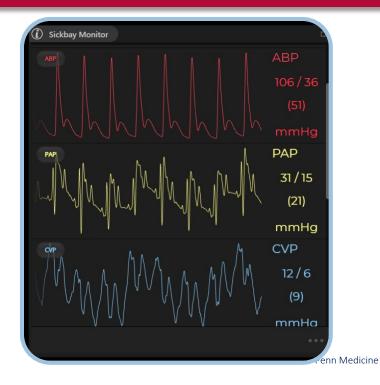
Sickbay Monitor

- In communication with the EPIC dashboard, the Sickbay Monitor application displays live waveform information and alerts the eRT of a change in patient respiratory status.
- The PENN E-LERT team can access the Sickbay Monitor application via a web browser or within EPIC Monitor via a widget.

Sickbay Monitor in Web Browser



Sickbay Monitor in EPIC Monitor as a Widget



Sickbay platform distributing waveforms for an ICU

Dashboard:

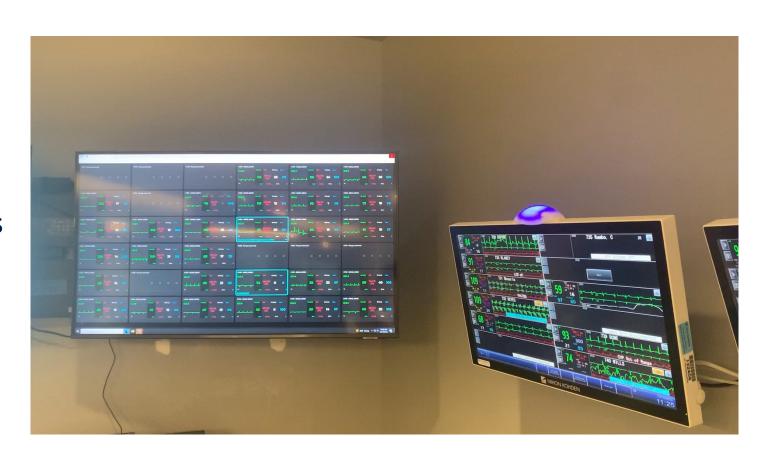
Silent Alarms

Configurable Display / waveforms

Color coded alarms

Choose routing of alarms:

local / central



Metrics – Mapping Reliability

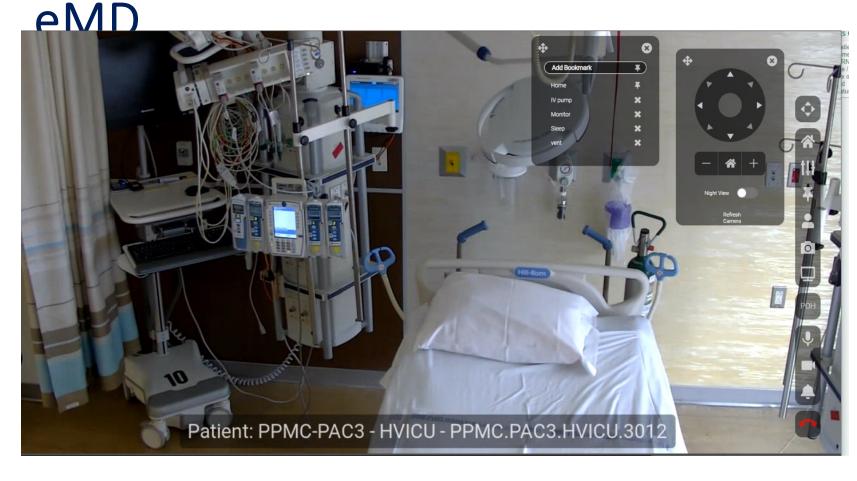






Future State - Can you Control an ICU Remotely?

Gift of Life Center is staffed remotely by eAPP &





6 beds Admission, orders sets, changes in orders if physiological change Remote ventilator changes

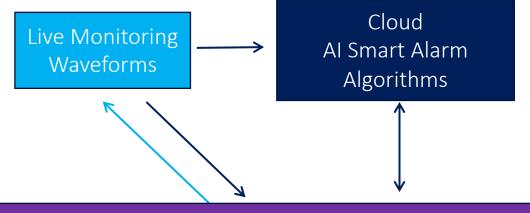


Summary



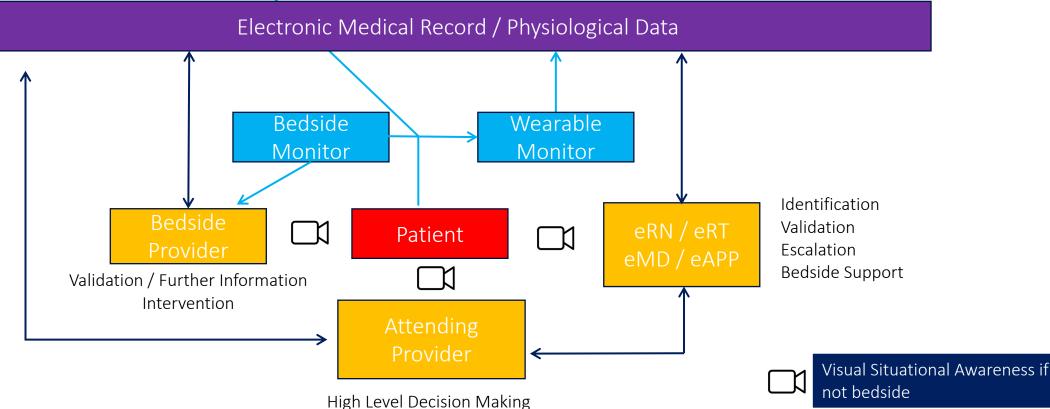
Platform

Integrated EMR with Live Physiological Waveforms, Smart Alarms and Bedside Camera Platform



Health System Monitoring

Ensures All patients Treated the Same
No Weakest Link = High Reliability
Proactive & Reactive Detection
Earlier Intervention = Better Outcomes
Quality & Efficiency



Main Causes of Serious Untoward Events in Health Care

- Failure to follow procedure or best practice
- O2 Failure to recognize a problem
- **O3** Failure to escalate appropriately
- 04 Lack of governance in all of the above
- Lack of 'SAFE' environment where providers feel empowered to reach out for support



Building the Tele ICU Platform into the EMR ensures we address these Issues

- Best practice is set and followed
- Description of a patient with a problem trending values and live waveforms
- Governance in escalation both clinically and bedside provider
- Governance in all of the above
- A 'SAFE' environment where providers feel empowered to reach out for support



The Future is Already Here in Tele ICU

Fully integrated functional platform with visual dashboards and intuitive, time saving interface

Proactive Best Practice compliance and governance is now available across a Health System

Smart Alarms are here - Best Practice Advisory's / Alarms can be configured outside of the bedside monitor

Connectivity and 3rd party software is now enabling the integration of live physiological data and waveforms in real-time into the Electronic Medical Record

Earlier detection of Trends is possible, augmented by physiological waveforms

Live waveforms being linked to EMR means AI can be used— AKI prevention, hypotension prevention

Remote interaction can be almost instantaneous allowing situational awareness and high level decision making

Platform can be utilized across the Health System – implications for resource allocation and bedside provider support

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The Integrated Platform Drives Health System:

High Reliability

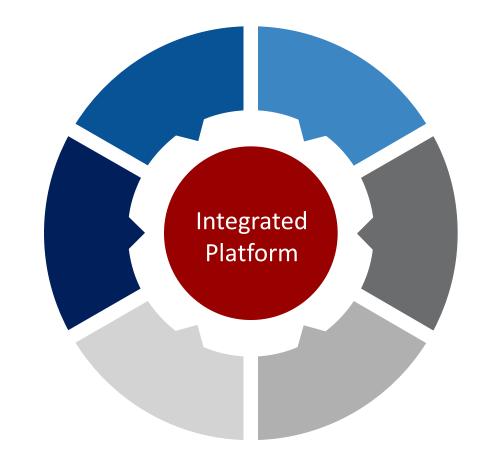
Click to add text

Quality

Click to add text

Value

Click to add text



Efficiency

Click to add text

Health Equity

Click to add text

Safety

Click to add text

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