

### A HEALTH CARE PAYER'S APPROACH TO VALUE-BASED CARE AND INNOVATION

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Through targeted initiatives and partnerships, Blue Cross Blue Shield of Michigan is a national leader in enhancing value-based care for members, customers and providers



Blue Cross has a strong and growing partnership with the Multicenter Perioperative Outcomes Group (MPOG) through the Anesthesiology Performance Improvement and Reporting Exchange



Blue Cross has a robust process for evaluating new medical technologies and reviewing existing medical policies to ensure that members have access to cost-effective and medically appropriate clinical services





## A shift to more value-based payment models offers an opportunity transform care delivery to address both cost and quality

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### Blue Cross execs: Pandemic proved fee-forservice health care payment model is broken. Here's how to fix it.

Todd Van Tol

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It's no shock to anyone reading this that there is an affordability crisis in American Health Care. And while much of the focus is rightly centered on the cost of services, how those services are paid for is also a factor that influences the pocketbook pressures consumers face every day.

Moving to transform payment to a value-based system — with payments tied to quality, cost effectiveness and patient experience — offers a solution that should diminish negative effects on providers during the next dramatic shift in health care.

The COVID pandemic continues to spotlight the heroic efforts of those within our health care system — particularly those on the front lines of delivering care.

But it also has confirmed that our traditional fee-for-service payment approach is antiquated and doesn't serve our population well, especially for providers when they are managing a global crisis.

Historically, insurers like Blue Cross pay physicians, hospitals and pharmacies per unit of service. During the pandemic, services that brought steady cash flow to providers, like office visits and elective procedures, slowed to a trickle. Revenues dropped significantly — precisely when health system resources were desperately needed....









Source: The March To Value: Ingredients For A Value-Based World

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### Blue Cross has been a driver in the shift toward value-based care since the mid-2000s



2005 Physician Gro	2011	2019	2020	2022 and beyond	
<b>Collaborative Quality Initiative</b> portfolio launches to address areas of hospital care where care is costly with wide variability in outcomes	Blueprint for Affordability launches risk-based arrangements with seven hospital systems and physician organizations		conti ar ar	Blueprint for Affordability continues growing, as seven POs are participating in full-risk arrangements for Medicare Advantage population	
Physician Group Incentive Program launches, which rewards primary care physicians for cost and quality improvements					

#### **Physician Group Incentive**

**Program** portfolio expands to include specialty providers in addition to primary care

#### **Collaborative Quality Initiative**

portfolio continues growing; expansion focuses on populationbased areas of care



# Anesthe Siology Performance Improvement and Reporting

Evaluation

- ASPIRE is the Blue Cross sponsored component of the Multicenter Perioperative Outcomes Group
- The goal of ASPIRE is to improve the care of patients undergoing anesthesia by reducing unexplained variation in practice and collaborating with anesthesia providers to define best practices
- Participating sites work together to build quality measures, review best practices, and exchange ideas for improving patient outcomes



# ASPIRE has demonstrated strong performance through tangible improvements in clinical outcomes



The collaboration through ASPIRE continues to produce meaningful results and reinforce the utility of this initiative





Improvement in perioperative glucose management, reducing the risk of postoperative infections (2020-2022)





As many patients received **smoking cessation counseling** compared to 2021



25%

Reduction in carbon footprint by more efficient and environmentally friendly use of anesthetic gases in patients undergoing general anesthesia (2022-2023)

## As technology advances, health care payers are evaluating the efficacy of care innovations that can enhance value for members







Blue Cross partnerships / initiatives that have enabled patients to receive care outside of the hospital:

- AMC Health (remote monitoring)
- Aspire Health (palliative care)
- Landmark (in-home care)

- In-home assessments
- In-home colorectal test kits
- Livongo (A1C management)

Blue Cross uses a rigorous clinical process to assess emerging medical technologies through the Joint Uniform Medical Policy Committee





Physician led, multi-disciplinary team of clinician partners from BCBSM and BCN

Evaluates clinical evidence and assessment reports to gain through understanding of emerging medical technologies

Creates medical policy that informs the benefit and reimbursement decisions for fully insured and self-funded groups







The JUMP committee at Blue Cross evaluates emerging technology and existing medical policies based on several key categorical considerations





Technology must have final approval from appropriate governmental and regulatory bodies.

Scientific evidence must conclude a positive effect of the technology on health outcomes.

Technology must be as beneficial as any established alternatives, at a minimum.

Improvement must be attainable outside the investigational settings.

Once a medical policy determination is made on an emerging technology, self-funded groups evaluate benefit and reimbursement levels



After thorough evaluation amongst the multi-disciplinary group, the JUMP committee will determine if a technology is **investigational, not medical necessary** or **established**.

After the determination is made, Blue Cross **ensures technical requirements** are set – such as: coding, claims processing and claims system configuration.

The policy is applied to book of business. Ultimately, **the selffunded groups determine if a technology will be a covered benefit** for their members; benefit and reimbursement policies are updated accordingly. Let's use bioimpedance devices for cancer related extremity lymphedema as an example







Current medical policy states that use of bioimpedance devices for cancer related extremity lymphedema is **investigational**; therefore investigational procedures are not a covered benefit.



As part of the policy review process, the JUMP Committee considered **new evidence** from clinical publications, discussed with subject matter experts in the provider network and considered guidelines from National Cancer Care Network. Ultimately, the JUMP Committee determined that use of bioimpedance devices for cancer related extremity lymphedema is **established**.



Once determined as **established**, BCBSM members now have access to use of bioimpedance devices for cancer related extremity lymphedema as a **covered benefit**.

The Blue Venture Fund invests in health care technology and clinical sciences growth opportunities



# BLUE VENTURE FUND



The Blue Venture Fund provides a unique value proposition to emerging companies and health plans looking to innovate within a dynamic marketplace

- The Fund makes equity investments in companies that align with the strategies of its BCBS Plan investors. The Funds are stage-agnostic and typical investments range from \$1M to \$20M.
- The Fund partners with market-leading CEOs to provide strategic guidance, partnership introductions, strategic sales support, and Board oversight.
- The Fund team has well-established programs for introducing portfolio companies to Blue Plans to drive significant revenue, distribution, and partnership opportunities.



# Thank you

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# Appendix

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The ASPIRE data collection process is unique among hospital CQIs in that data is collected electronically and not abstracted manually



### **File Pipeline Diagram**



- Extract Files are generated by extracting data from its source system. These files are then placed into a file share accessible by the MPOG
  import utility.
- 2. Import Files are removed from the file share and inserted directly into the Import Manager database.
- 3. Consume File stored within the Import Manager are parsed into tabular data and inserted into staging tables. Additionally, metadata regarding variable usage is generated for later mapping.
- 4. Handoff The tabular data is inserted into the designated MPOG MAS database.
- 5. Upload Using the transfer utility within the MPOG application suite, surgical cases are uploaded to the central repository.