Teaming and communication with strangers in strange places

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# Teaming and Communication are hard everywhere

Harder when:

- you don't know the people
- you don't know the environment
- you don't have any tricks to use

## Objectives

- Recognize/adopt strategies for effective communication when you aren't familiar with the people or the place and neither are optimal for anesthesia safety
- Crowd source tactics for building trust and connection with others on the team
- Use this information to design interventions to improve communication and teamwork in NORA and build recommendations

# Teaming: learning, competing, and innovating in the world of reproductive medicine

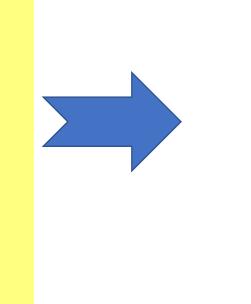
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Fertil Steril. 2022 Jan;117(1):10-14. doi: 10.1016/j.fertnstert.2021.11.030. Epub 2021 Dec 16. PMID: 34924184.



- Cognition
- Coordination
- Communication
- Cooperation
- Conflict
- Coaching





Salas E, Shuffler ML, Thayer AL, Bedwell WL, Lazzara EH. Understanding and improving teamwork in organizations: a scientifically based practical guide. Hum Resour Manage 2015;54:599–622.

#### **Relational Coordination:**

Highly interdependent work is most effectively coordinated through relationships of shared goals, shared knowledge, and mutual respect

Collaboration is best when there is:

High-quality communication (frequent, timely, accurate, and problem-solving)

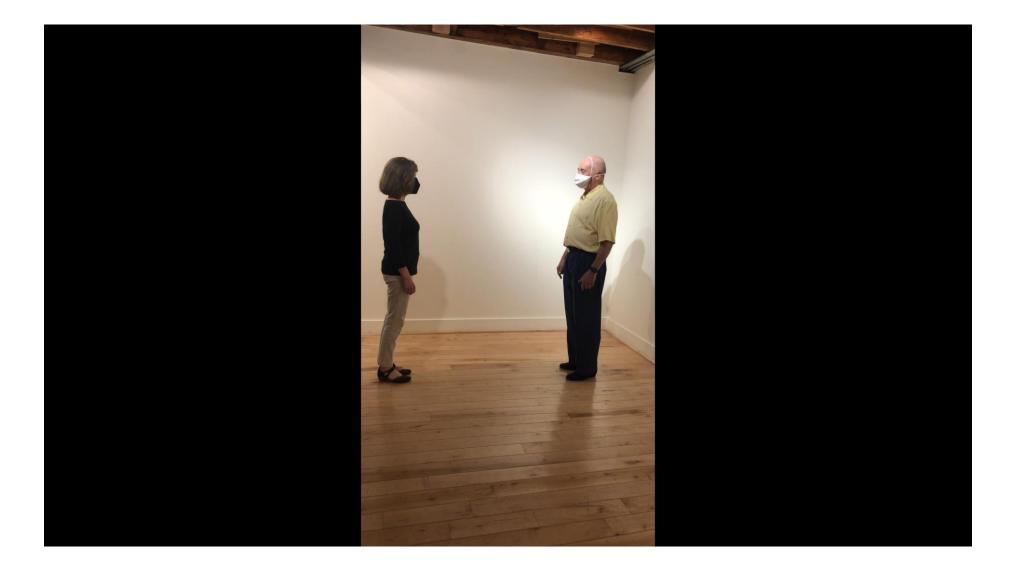
Which is enhanced by:

*high-quality relationships*(shared goals, shared knowledge, and mutual respect

**Fostering Trusting Relationships: A Patient Safety and Clinician Wellness Strategy** May C. M. Pian-Smith, MD, MS; *ASA Monitor* July 2021, Vol. 85, 42–43.



### Dancing with a stranger



Making a Connection: Building TRUST

Best shot: Be Mindful and Deliberate

# What are your tricks to open the lines of communication?

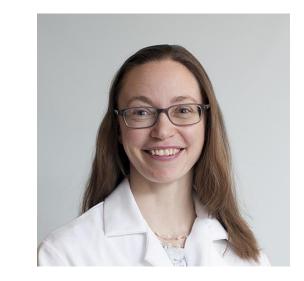
Text via Polleverywhere

### Primary interventions

- Establish relationships
- Talk about the elephant(s) in the room with other role groups
- Train as a team, e.g., via simulation
- Huddles (REAL ones)

### Tips and Tricks

- Check in the night before
- Introduction: find your comfortable way
- Saying what you're doing that they need to know
- Ask "how can I help you?" of other role groups.
  - e.g., positioning
- Ask about what they are doing- BE CURIOUS!
  - shows respect for their work



Lia Tron, MD Anesthesiologist MGH Can you build connection and trust in NORA? Can you teach it to others? What should be the recommendations to foster good teamwork?

### **Require:**

- (real) Huddles
- teamwork training
- debriefings

#### **Require:**

 Argentine tango training for all who work in NORA locations

